

My Health Prezi

Your Task:

You are a researcher and you are required to teach a group of grade 7 students about health. You have been asked to create a Prezi online for them to access. You are asked to choose one of the below topics and elaborate on it. To give these grade 7 students the best information possible you are asked to fulfill the requirements listed in the rubric provided and use whatever other skills/knowledge you have to make your Prezi fantastic.

Possible Topics:

How your body uses energy

Weight training – Hypertrophy

Carbohydrates

The importance of water

Good fats and bad fats

Good and bad cholesterol

Why it is not healthy to diet

Yoga

Pilates

Muscular endurance/strength

Running

Aerobics

Flexibility

Swimming

What are calories

Exercise Fads

Osteoporosis

Diabetes

Diet Fads

Heart disease

Obesity

Anorexia

Bulimia

Exercise addiction

Stress Management

Alcohol addiction

Drug addiction

Or ... whatever else comes to mind (just pass it by your teacher)

Planning 10

Note: We have kept the topics broad. We want you to take your own ideas to make this project more meaningful to you. This means you should pick a topic that you, or someone you know can relate to. One good way to go about it is to go online and research your topic. Another way is to ask/interview people who have had experience with the topic. Remember, if you are using someone else's words you have to quote them. Also, if you get your info from a website you need to site where it came from (let's keep that one easy and all you have to do is cut and paste the website URL next to the info you found out. Please be a sceptic. This means whatever you find out, especially online, realise that the information may not be correct. Research your ideas from more than one website.

My Health Prezi Rubric

Prezi Related Requirements				
	Not yet meets	Minimally meets	fully meets	Exceeds
Uses the Theme Wizard to create their own style (colour background, fonts, font colours, etc.)				
Writes with three different fonts				
Writes with different sizes of text				
Writes one 3 sentence statement and centers it				
Writes on an angle				
Writes on a letter				
Uses the arrow tool 3 times minimum				
Uses drawing tool 2 times minimum				
Uses 2 frames minimum				
Inserts 3 different images minimum				
Inserts 2 different youtube videos minimum				
Uses the path tool properly and all items are included in the path				
Project has good visual appeal				
				/40
				Total /40

Topic Related Requirements				
	Not yet meets	Minimally meets	fully meets	Exceeds
Defines the term they are studying				
Uses 5 different sources				
Topic is related to health				
Content is accurate				
Gains content from more than one type or source (not just online)				
Explains content so that a grade 7 student could understand				
Content is referenced properly (quotes for what people say and websites for what is from websites)				
Content is in the student's own words				
Content is very detailed				
Content is relevant to the grade 7 age group				
				/40
				Total /40
Prezi Related	/40	Topic Related	/40	Grand Total →
				/80