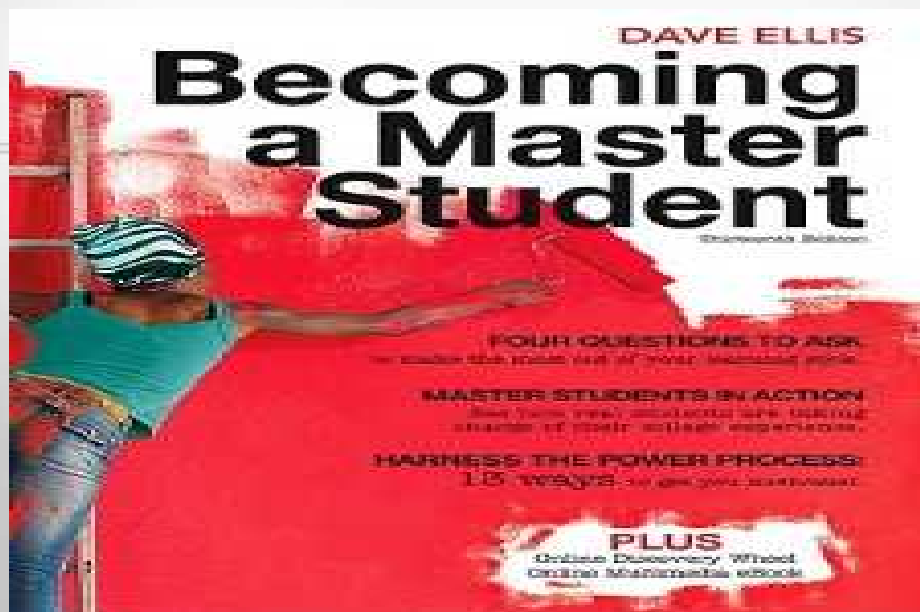




TABLE OF CONTENTS

❖ Becoming A Master Student	1
❖ My Learning Style	2-3
❖ Time Management	4-5
❖ Studying No No's	6-7
❖ Studying Yes Yes's	8-9
❖ Cornell Note-taking and Mind Mapping (Bunzen).....	10
❖ Reflection	11

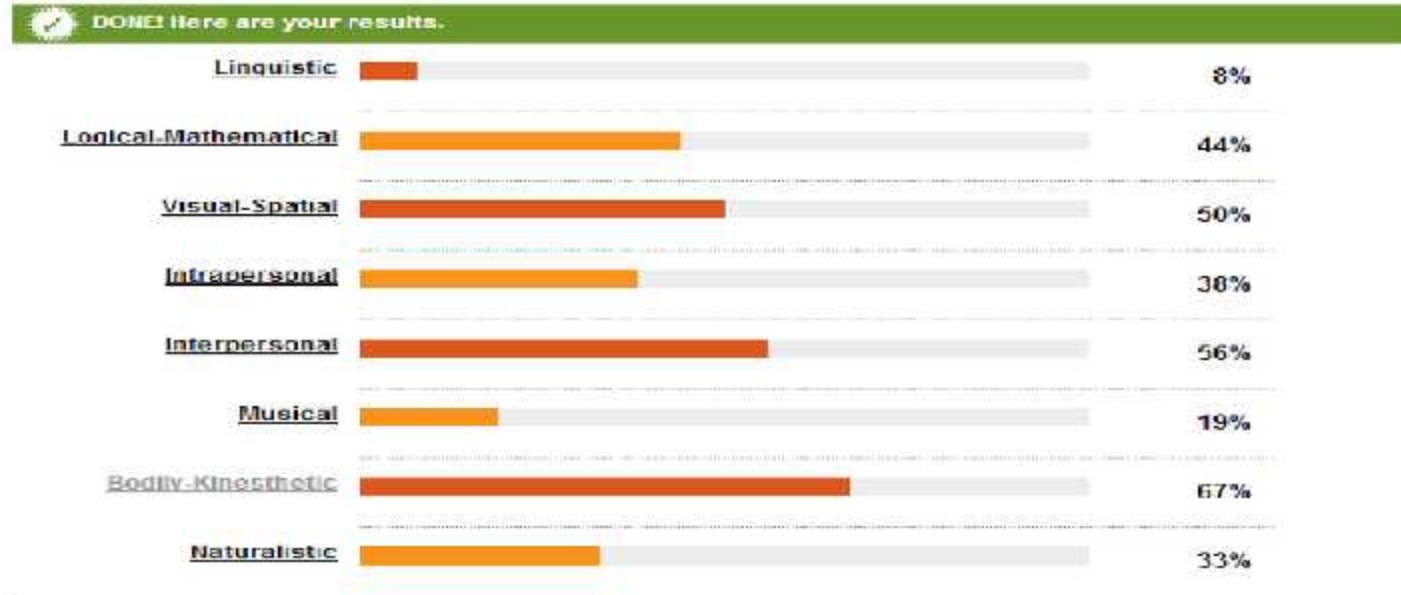
BECOMING A MASTER STUDENT



By;

MY LEARNING STYLE (1)

Your Learning Style Results



MY LEARNING STYLE (2)

❖ I do agree with this (bodily-kinesthetic) because I am very athletic and I enjoy playing different sports. I also do like to think in movements so this is very relatable towards myself.

TIME MANAGEMENT - MY SCHEDULE

Developing a Schedule.

Determine how you spend a typical 24-hour day:

Enter the hours you spend on each activity.
If the time entered is less than one hour, use
"0.x"

Watch as your time slips away. . .

0
Hours Remaining

<input type="text" value="7"/>	Classes
<input type="text" value="2"/>	Studying
<input type="text" value="8"/>	Sleeping
<input type="text" value="1.5"/>	Exercise/sports
<input type="text" value="1"/>	Work/internship
<input type="text" value=".5"/>	Family commitments
<input type="text" value=".5"/>	Personal care/grooming
<input type="text" value=".4"/>	Meal preparation/eating/clean-up
<input type="text" value=".1"/>	Transportation (school, work, etc.)
<input type="text" value="1"/>	Relaxing/TV/video games, etc. (alone)
<input type="text" value="1.5"/>	Socializing/entertainment (with friends)
<input type="text" value=".5"/>	Other

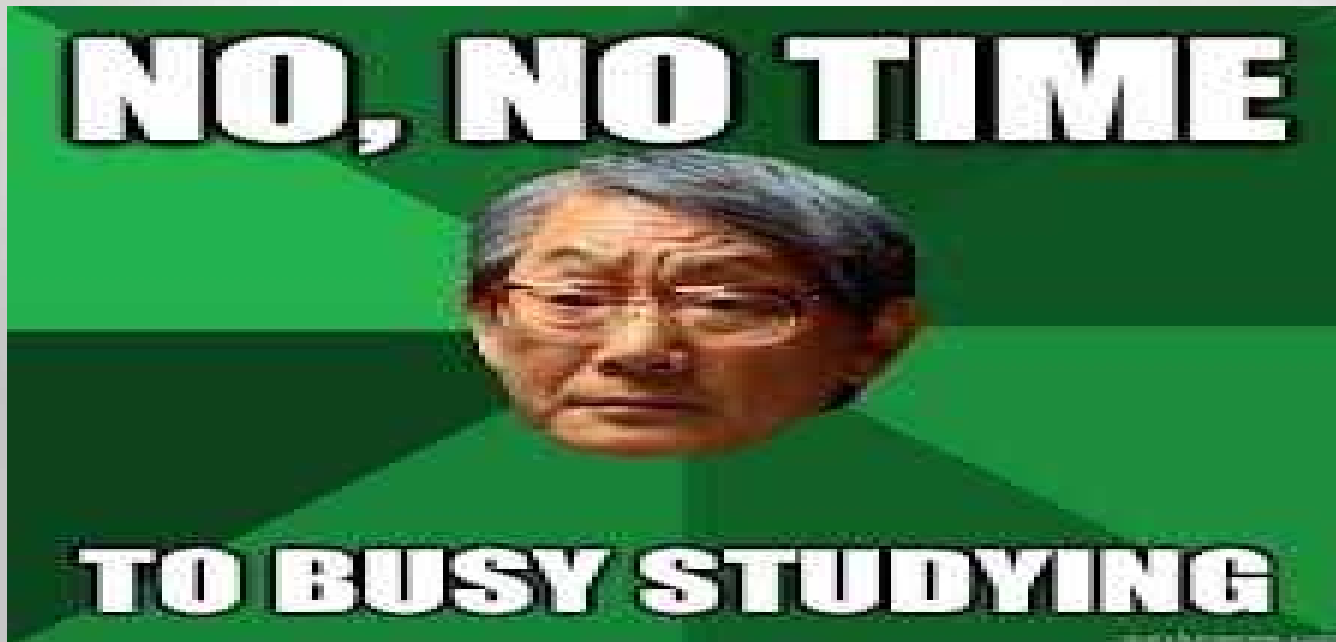
TIME MANAGEMENT

❖ Usually it feels like my day just passes in a blink of an eye but at the end of the day when I got to bed, I realize how much I have done throughout the day. Basically, I have soccer practice/game, school and homework! It takes up my whole day.

STUDYING NO NO'S (1)

- ❖ 1. Bad Environment- Usually I can never focus properly on my homework because wherever I sit in my house, I will find noise. This is not only because I have a fairly large amount of people living in the same house (8) but also just because my siblings want to disturb me so that I get mad at them and they end up getting me in trouble without me even doing anything to them! --
- ❖ 2. Eating- I always have to eat so when I'm doing my homework and I'm all focused, my mom decides to give make food, it annoys me.
- ❖ 3. Drinking- Along with the food, my mom brings water or juice and I always end up spilling some on my homework somehow, even if it's a little drop.
- ❖ 4. Outside Stress- My focus quite often just loses itself and I start thinking about other things such as how much time I have left or my soccer practice/games or even just how much other homework I have left.
- ❖ 5. Multi-Tasking- I tend to have my phone on my lap just in case I get any messages, which I have to check and I end up once again, losing my focus.

STUDYING NO NO'S (2)



STUDYING YES YES'S (1)

Study skills series

Effective Habits for Effective Study

YOUR SCORE: 42

45 to 50 points: Your study habits reflect excellent strategies! If your grades don't reflect them, talk to your instructor or someone at your academic assistance center.

40 to 44 points: Your study habits reflect excellent strategies. Did some questions make you pause? Consider improving your effectiveness: begin by reviewing one question. Work out from there.

35 to 39 points: You may have some good habits, but there is area for improvement. Select one particular question, and focus on improving that one; for example, time management and place. Build out from there.

30 to 34 points: There is lots of room for improvement. Even if your test scores are OK, it's not likely that you are getting the most out of your study strategies. Select one particular question, and focus on improving that one; for example, time management and place. Build out from there.

Below 29 points: Look on the bright side: with a little professional help, you can make a big difference. Your academic assistance center or teacher can help you start to become a better studier, and understand better. Good luck!

STUDYING YES YES'S (2)

❖ My results mean that I have good strategies for my work habits and I should review more. I also agree with this because I do not review too much and I should!

CORNELL NOTE-TAKING AND MIND MAPPING (BUNZEN)

- ❖ In my opinion the Cornell note-taking system works better because it relates more to what I do myself and it is just more straightforward towards me because it includes summarizing my information. But, this information is all given on Wikipedia so I'm not sure if it is very accurate/true, which also does make a difference to me.

REFLECTION

❖ After doing all these assignments I have learned that I am a bodily-kinesthetic learner and I completely agree with this result because I love to be physically active most of the time. I have also learned that I like to summarize all of the information I have learned, which makes me use the Cornell note-taking method!



THANK YOU!

Thank you very much for your time!