

BECOMING A MASTER STUDENT



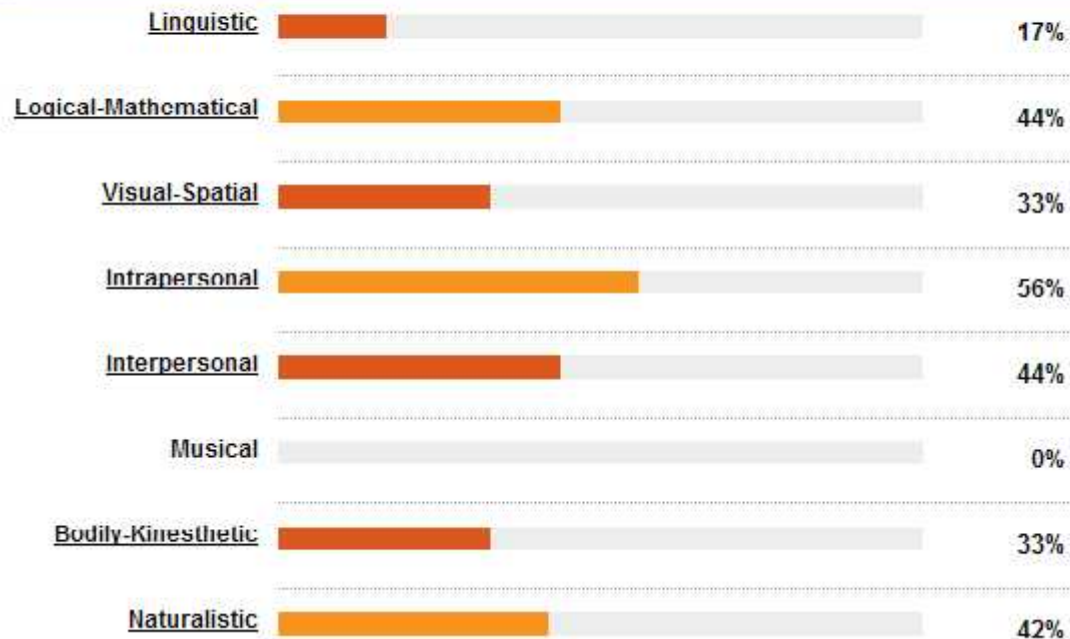
WHAT TYPE OF LEARNER AM I?

I am a learner that is mostly intrapersonal and interpersonal. This means that I work as an individual and can manage life on my own. Being intrapersonal means that I am connected to my self to my thoughts and feelings. Being interpersonal means that people can set goals for themselves that they know they can achieve.

Your Learning Style Results



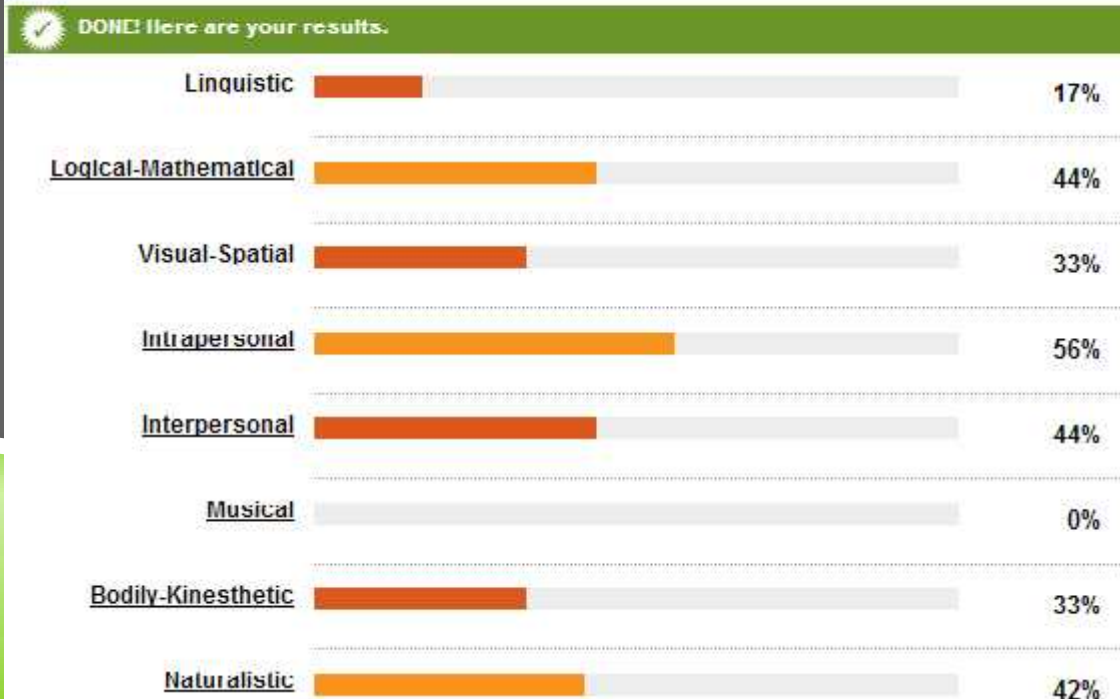
DONE! Here are your results.



WHAT TYPE OF LEARNER AM I CONTINUED

- ▶ People that are intrapersonal learners know their own limit where their line is. These people know their boundaries that they can't cross.
- ▶ An interpersonal learner is one who has social interaction.
- ▶ These people are often understanding and help their friends.

Your Learning Style Results



TIME MANAGEMENT

- ▶ There is a lot I do in 1 day. The most time I spend is sleeping then is classes. half of a day is finished in just classes and sleeping. Then I play for 2 hours which is when I get home at 6. However I do work around the house such as help mom clean or make food. Besides helping I do study an hour a day and review most of the stuff I learned in class. That is how I manage my time

Developing a Schedule.

Determine how you spend a typical 24-hour day:

Enter the hours you spend on each activity.
If the time entered is less than one hour, use
"0.x"

Watch as your time slips away. . .



<input type="text" value="6"/>	Classes
<input type="text" value="1"/>	Studying
<input type="text" value="9"/>	Sleeping
<input type="text" value="1"/>	Exercise/sports
<input type="text" value="0"/>	Work/internship
<input type="text" value=".5"/>	Family commitments
<input type="text" value=".5"/>	Personal care/grooming
<input type="text" value="1"/>	Meal preparation/eating/clean-up
<input type="text" value="1"/>	Transportation (school, work, etc.)
<input type="text" value="3"/>	Relaxing/TV/video games, etc. (alone)
<input type="text" value="1"/>	Socializing/entertainment (with friends)
<input type="text" value="0"/>	Other

STUDY NO NO'S

- ▶ The 5 studying no no's for me is eating, outside problems, too much noise, drinking and studying with friends. Some of these things affect me but not all of them. For example eating and drinking, when I start to study after a while I feel the need to drink or eat something however that is not a problem any more because I keep food in my room. Too much noise affects me because when I study mom might be cooking or cleaning the house which a lot of noise and makes it harder to study. Studying with friends can affect me sometimes but not always. When I study with friends we tend to talk about other stuff but if we are serious then we will actually study. These are the things that can distract me from studying.

STUDY YES YES

- ▶ My study habits are ones that reflect effective strategies such as taking notes and review what I have learned in school. Questions I didn't know made me think of what the answer could be. I also ask questions with my dad in order to find the answer or I can use the computer

Study skills series

Effective Habits for Effective Study

YOUR SCORE: 41

45 to 50 points: Your study habits reflect excellent strategies! If your grades don't reflect them, talk to your instructor or someone at your academic assistance center.

40 to 44 points: Your study habits reflect excellent strategies. Did some questions make you pause? Consider improving your effectiveness: begin by reviewing one question. Work out from there.

35 to 39 points: You may have some good habits, but there is area for improvement. Select one particular question, and focus on improving that one: for example, time management and place. Build out from there.

30 to 34 points: There is lots of room for improvement. Even if your test scores are OK, it's not likely that you are getting the most out of your study strategies. Select one particular question, and focus on improving that one: for example, time management and place. Build out from there.

Below 29 points: Look on the bright side: with a little professional help, you can make a big difference. Your academic assistance center or teacher can help you start to become a better studier, and understand better. Good luck!

PERSONAL REFLECTION

- ▶ In this section I learned that I am an intrapersonal learner is best for me. I am one that works on my own and is most likely to manage life individually, if need be.
- ▶ I also learned about study yes yes and study no no's.
- ▶ I learned a lot on how to manage my time and how much time I spend a day doing things.
- ▶ It was helpful to know what my learning skill is so I can really focus and improve further on it.